Cybersecurity Checklist

ransomware • scams • encryption • more

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Cyber Checklist

WITH CYBERSECURITY INCIDENTS AND RANSOMWARE ON THE RISE, NOW IS A GREAT TIME TO RE-EVALUATE YOUR CYBERSECURITY POSTURE. WHILE NO COMPANY CAN BE 100% PROTECTED, YOU CAN IMPLEMENT SECURITY BEST PRACTICES WHICH SIGNIFICANTLY REDUCES THE RISK OF BECOMING A VICTIM.

THIS QUICK CHECKLIST IN NO WAY ENCOMPASSES EVERYTHING THAT CAN BE DONE TO SECURE YOUR PRACTICE, BUT IS A GREAT PLACE TO START.

- ☐ TRAIN TEAM on current cybersecurity threats to your practice.
- ☐ Assess Risks and Vulnerabilities to identify the most likely avenue a cybercriminal could get in.
- ☐ Work with your IT provider to shore up security defenses.

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Security Tips

- [ ] Check emails for misspellings, spoofed sender, or attachments.
- [ ] Beware of phone scams trying to gain remote access to your computer system.
- [ ] Secure mobile devices and cell phones with encryption.
- [ ] Address remote worker security.
- [ ] Enable screen lock and/or auto logout.
- [ ] Enable two-factor authentication whenever possible.
- [ ] Segment wifi for internet connected devices (IoT).
- [ ] Vet vendors prior to granting access to patient information.
- [ ] Implement and test an emergency disaster preparedness plan.
- [ ] Update passwords and use a password manager.
- [ ] Deploy business grade anti-virus.
- [ ] Run Operating System and Internet Program Patches.
- [ ] Utilize an enterprise firewall UTM with Intrusion Detection/Prevention Subscription.
- [ ] Implement backups that are tested to ensure they are available in an emergency such as ransomware.

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